

Crohn's and Colitis Center



*Dedicated to caring for patients with
inflammatory bowel disease —
Crohn's disease and ulcerative colitis.*



MASSACHUSETTS
GENERAL HOSPITAL

GASTROENTEROLOGY



The Crohn's and Colitis Center is the only center in New England exclusively dedicated to the care of patients with Crohn's disease, ulcerative colitis, and other inflammatory bowel diseases (IBD). This unique Center offers innovative care, compassionate support, and research to benefit you, all in one convenient location. Our goal is to help you manage your disease so you can live a full and satisfying life.



the Crohn's and Colitis Center

The Crohn's and Colitis Center is a comprehensive center specializing in diagnosis and treatment of Crohn's disease, ulcerative colitis, and other less common forms of inflammatory bowel disease. Our long tradition of excellence, innovative treatment, and pioneering research all contribute to the high quality of care you can expect.

TRADITION OF EXCELLENCE

Massachusetts General Hospital's Gastroenterology Department is consistently named among the top five in the country in *U.S. News & World Report*. In addition, the Crohn's and Colitis Center is a Center of Excellence, recognized for patient care, education, and research in the treatment of patients with inflammatory bowel disease.

INNOVATIVE CARE

We are one of the first centers in the world to offer Remicade — now the standard of care — to treat Crohn's disease and ulcerative colitis. Our commitment to innovation continues today with active involvement in research and trials of promising new medications and devices to treat inflammatory bowel diseases.

PATIENT-CENTERED CARE

Our facilities provide a comfortable, soothing environment designed to meet your needs. All services are located in our newly renovated space, just steps from Massachusetts General Hospital. Whenever possible, we will coordinate all of your necessary appointments in one visit. Services include:

- Office consultation
- Endoscopy
- Infusion therapy
- Psychiatry
- Support groups
- Nutritional counseling
- Access to new therapies



EDUCATION AND SUPPORT

Patient education and support are important components of our mission. All our staff are committed to helping you understand your disease, weigh your treatment options, participate in your treatment, and feel in control of your disease.

CARE FOR ALL AGES

Crohn's disease and ulcerative colitis are lifelong diseases, and we treat patients of all ages, pediatric and adult. Our pediatric specialists help parents address the special concerns of growth and physical and social development in their children and assist their adolescent patients in making a smooth transition to adult GI care at the appropriate time.

FULL RANGE OF TREATMENT OPTIONS

We offer the full range of conventional and innovative medical therapies as well as advanced surgical procedures. We are a resource for patients with difficult-to-manage disease. Our doctors are experienced in fine-tuning medical therapy and helping patients with persistent symptoms obtain relief.

MULTIDISCIPLINARY TEAM

The Crohn's and Colitis Center brings the expertise of many specialties, including medicine, endoscopy, surgery, GI radiology, GI pathology, nursing, psychiatry, and nutrition, to focus on you. Together, we design a personalized care plan to meet your individual needs. The entire IBD team meets weekly at the IBD Forum, an opportunity for a roomful of minds to focus on your needs, your treatment, and your progress.

ACCESS TO CLINICAL TRIALS

Our research offices and staff are an integral part of the Center, and all patients have easy access to trials of new therapies. Of course, you may not need or wish to participate in trials of new therapies. However, if your symptoms persist despite the best medical therapy, or if you are unable to tolerate the side effects of standard medication, clinical trials offer you the opportunity to try therapies that may be more effective for you.

We have between five and ten trials of new therapies ongoing at any time.

BE PART OF PRISM

We are beginning an important long-term study of Crohn's disease and ulcerative colitis. We expect to follow patients over a number of years to see how they progress and how they respond to treatment. We hope to identify markers that may predict the course of a patient's disease and whether the patient will respond to certain treatments. We expect this information will lead to development of better diagnostic tests and new treatments to benefit all patients. You may choose to participate in this landmark study.



WE WORK WITH YOUR DOCTOR

If you have been referred by your primary care physician or gastroenterologist, we will be happy to work with them in whatever way you find most helpful.

CALL US FOR AN APPOINTMENT

To request a consultation with one of our specialists, please refer to the enclosed listing of staff specialists and contact any physician directly by telephone or fax.



MASSACHUSETTS GENERAL HOSPITAL

Crohn's and Colitis Center

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100 Charles River Plaza, 9th Floor
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617-724-6005

"The Crohn's and Colitis Center at Massachusetts General Hospital is dedicated to providing comprehensive care with a special focus on the needs and concerns of patients with inflammatory bowel disease. We bring together all the resources the hospital has to offer to ensure that our patients receive the best and most current treatment available. Medical, surgical, and other experts work together seamlessly to design treatment strategies that enlist the patient as a partner in the plan of care. We take pride in making it possible for our patients to live their lives as fully as possible."

Daniel K. Podolsky, MD

Chief, Massachusetts General Hospital Gastrointestinal Unit

"Patients with inflammatory bowel disease face unique challenges. They have a serious disease that has significant impact on their lives. Yet many are embarrassed to talk about it. Our doctors and nurses are attuned to these special difficulties and committed to giving patients the tools to get their disease under control and live normal lives."

Bruce E. Sands, MD, MS

Medical Co-director, Crohn's and Colitis Center

"Research enhances our patient care mission. Our research activities give patients access to cutting-edge therapies that may be safer and more effective than conventional therapies. And every patient can teach us. Every patient's case adds something to our understanding of these complex diseases."

Joshua R. Korzenik, MD

Medical Co-director, Crohn's and Colitis Center

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